

The Village Medical Centre

February 2018 Newsletter

What's New

We are now an accredited Yellow Fever Centre

Yellow fever is a serious infection spread by mosquitoes. It's found in parts of Africa, South America, Central America and the Caribbean.

There's a vaccine that can stop you from getting it if you're travelling to an area where the infection is found. For more information please contact the surgery



Smoking Cessation

Smoking cessation is the process of discontinuing tobacco

Our Health care

assistant can provide you with support and advice. Please speak to reception staff for more information or to book an appointment



Carer's Co-ordinator

We now have a Carer's coordinator at the practice who can provide information and guidance to Carer's—if you are a carer and would welcome a chat with her please call or pop into the surgery and ask for Su



Primary Care Mental Health Link Worker Service

From January 2018 we now have a link worker on site 1 morning per week. Referrals to her will be made via your GP

NHS Health Checks

Are you aged between 40 and 74?



The NHS Health Check is a health check-up for adults in England aged 40-74. It's designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower this risk. Please look out for your invitation coming through the post inviting you in for a Health check

Did you know?

Nurse Practitioners/Minor Illness Nurses

Minor Illness trained nurses and Nurse Practitioners are able to undertake consultations and examinations which may normally be done by a doctor, allowing you to be seen sooner

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| UPPER RESPIRATORY | Asthma, Colds & Flu, Cough, Fever, Hayfever, Nosebleeds, Sore Throats, Sinusitis, Hyperventilation |
| HEAD BACK AND NECK | Back pain, Dizziness, Earache, Headache, Neck pain |
| WOMEN'S AILMENTS | Emergency Contraception, Mastitis (breast infection) Missed Pill, Vaginal Discharge |
| EYES AND SKIN | Boils, Cold Sores, Conjunctivitis, Head Lice, Infected Wounds, Infected nails, Insect Bites and Stings, Rashes & Nappy Rash, Sore Eyes & Styes, Sunburn. |
| ABDOMEN | Constipation, Cystitis, Diarrhoea & Vomiting, Indigestion, Threadworm, Tummy Ache, Vomiting |

Practice Team

GP's

Our doctors are lead by Dr Chandu Prasannan who oversees the clinical areas of the practice. We understand the need for continuity of care therefore all doctors work closely to ensure that continuity is maintained even when seeing different members of the team

- Dr C Prasannan MB BS (Lead GP) Working days Mon to Thurs
- Dr A Khan MB BS Working days Mon Tue Turs & Fri
- Dr C Heaney MB BS Working days Thurs & Fri



Nurses

Both our Nurse Practitioner and Minor Illness Nurse are able to undertake consultations examinations which may normally be done by a doctor.

- Nykky Aldridge (Senior Advanced Nurse Practitioner) Working days Mon to Fri
- Janice Beech (Lead Practice Nurse) - (Minor Illness) Working days Mon to Thurs
- Joy Trudgill (Practice Nurse) Working days Tues Wed & Thurs
- Kelly Darwin (Practice Nurse) Working days Wed & Fri
- Berenice Wells (Health Care Assistant) Working days Mon to Fri
- Jackie Williams (Phlebotomist) Working days Tues, Thurs & Fri



and

Patient Support Team

Our friendly Patient Support team are here to help you by making appointments, dealing with telephone enquiries, taking messages and undertaking administrative functions of the practice. Sometimes it may be necessary for them to ask a few questions about your condition in order to help the doctor or nurse decide how quickly you need to be seen. You can rest assured that any information given will be treated confidentially.

Practice Management—Jo Morrison Practice Manager

Responsible for the day-to-day running of the practice

Medical Secretaries

- Diane Bliss (Lead Secretary)
- Louise Mote
- Su Quinn

Reception Team

- Zoe Palmer (Team Leader)
- Pauline Yates
- Lesley Bergin
- Carissa Eaton
- Lisa Button
- Dipika Patel
- Sarah Towsey

