

The Village Medical Centre

September 2017 Newsletter

What's New

Procurement of the Medical Centre

Patients should all have by now received a letter informing them of the imminent procurement of the medical centre. NHS England have now started the process of finding a new provider to deliver GP Services from April 2018. During this process patient services will continue as normal. Any queries regarding this process should be sent to

enquiries@bedfordshireccg.nhs.uk

Flu Vaccines—Influenza vaccines will be offered to help protect those patients that may be at greater risk of developing the flu virus. These include adults 65yrs+, pregnant women, registered carers, chronic medical conditions i.e diabetes, heart conditions, kidney & liver disease etc.

Flu clinics will be held during October. Please call us to book an appointment.

Patient Reference Group

To date we have now held 2 meetings which have both been well attended.

This group will continue to meet on a quarterly basis with the next meeting sched-

uled for 8th November 2017. If you are interested in becoming a member there are still a few places left so please speak to Zoe in the first instance—alternatively if you have something that you would like discussed at this meeting please let us know.



Pregnant? Mindful Birthing

Mindful birthing is a unique childbirth course designed to combine traditional antenatal classes with the teaching of mindfulness. For more information please visit:

Mindfulbirthing.org.uk

mail@mindfulbirthing.org.uk

**Karen Nelson RM BA (Hons)
MA MBCPTT**

07522831431

**Nina's Beauty Room
Beauty, Nails and Holistic
Therapies**

Nina Jita IIHBC ITEC IIHT

07703358112

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Did you know?

Nurse Practitioners/Minor Illness Nurses

Minor Illness trained nurses and Nurse Practitioners are able to undertake consultations and examinations which may normally be done by a doctor, allowing you to be seen sooner

UPPER RESPIRATORY	Asthma, Colds & Flu, Cough, Fever, Hayfever, Nosebleeds, Sore Throats, Sinusitis, Hyperventilation
HEAD BACK AND NECK	Back pain, Dizziness, Earache, Headache, Neck pain
WOMEN'S AILMENTS	Emergency Contraception, Mastitis (breast infection) Missed Pill, Vaginal Discharge
EYES AND SKIN	Boils, Cold Sores, Conjunctivitis, Head Lice, Infected Wounds, Infected nails, Insect Bites and Stings,
ABDOMEN	Constipation, Cystitis, Diarrhoea & Vomiting, Indigestion, Threadworm, Tummy Ache, Vomiting

Practice Team

GP's

Our doctors are lead by Dr Chandu Prasannan who oversees the clinical areas of the practice. We understand the need for continuity of care therefore all doctors work closely to ensure that continuity is maintained even when seeing different members of the team

- Dr C Prasannan MB BS (Lead GP)
- Dr A Khan MB BS
- Dr N Hussain MB BS
- Dr C Heaney MB BS



Nurses

Both our Nurse Practitioner and Minor Illness Nurse are able to undertake consultations and examinations which may normally be done by a doctor.

- Nykky Aldridge (Senior Advanced Nurse Practitioner)
- Janice Beech (Lead Practice Nurse) - Minor Illness trained
- Joy Trudgill (Practice Nurse) - Diabetes Specialist
- Kelly Darwin (Practice Nurse) - Asthma Specialist
- Berenice Wells (Health Care Assistant)
- Jackie Williams (Phlebotomist)



Patient Support Team

Our friendly Patient Support team are here to help you by making appointments, dealing with telephone enquiries, taking messages and undertaking administrative functions of the practice. Sometimes it may be necessary for them to ask a few questions about your condition in order to help the doctor or nurse decide how quickly you need to be seen. You can rest assured that any information given will be treated confidentially.

Practice Management—Jo Morrison Practice Manager

Responsible for the day-to-day running of the practice

Medical Secretaries

- Diane Bliss (Lead Secretary)
- Louise Mote
- Su Quinn

Reception Team

- Zoe Palmer (Team Leader Patient Support Team)
- Pauline Yates
- Anne Rivett
- Carissa Eaton
- Lisa Button
- Dipkia Patel
- Lorraine Donaldson

